

# Guide to involving children in CRIA and CRIE

## Activity 3: Postcards

### Aim:

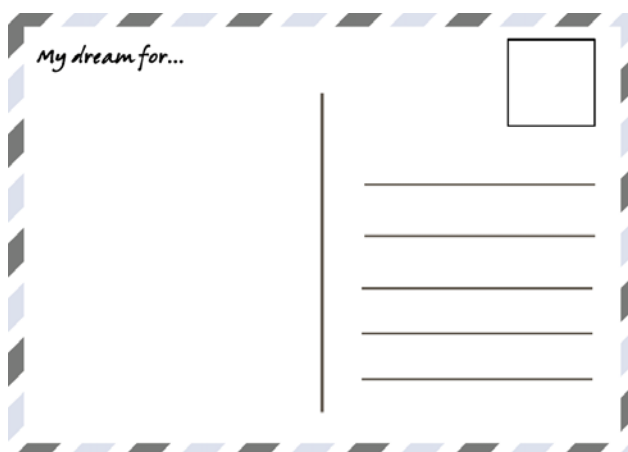
- to help children think about their wishes to improve their lives and those of others, and to articulate and share their wishes
- to gather a pool of ideas and suggestions from children.

**Resources:** blank postcards, coloured pens or pencils.

This is an activity for individuals.

### Instructions:

- Give each child a blank postcard.
- Ask them to imagine that they are writing to the council (or community, committee etc.).
- Ask them to think about what the council needs to do to make life (or the community etc.) better? What is your 'Big Idea'?
- To help them think about their Big Idea they might like to look back at the happy, healthy, and safe map.
- Remind them to think about children who might have a different background to them and need different types of support.
- Ask them to write their Big Idea on one side of their postcard and draw it on the other side.





My dream for...