

Guide to involving children in CRIA and CRIE

Activity 2: Happy, healthy and safe map

Aim: to encourage children to think about how they and other children experience the place where they live in terms of being happy, healthy and safe.

Resources: foam board including a local map, yellow string or dots, blue string or dots, green string or dots, push pins, coloured pens or pencils, post-it notes.

This is an activity for individuals, small groups, or large groups (for example, a whole class).

Instructions:

- Give each child or group a map.
- Adapt the following text for instructions for the children.

You have in front of you a map of [.....]

We want you to think about what helps keep you happy, healthy and safe where you live.

What makes you feel confident to have your say at school, in the community and across [.....]?

Fill out the map with your thoughts, highlighting where, why and what makes you feel happy, healthy and safe in your local area. Highlight these spaces on the map.

You can do this by writing or drawing your thoughts on post-it notes and sticking them to the edge of the map. You can then use the pins and string or dots to show how they connect on the map.

- the yellow string can represent happy
- the blue string healthy
- the green string safe.

Is there anything that really doesn't make you feel happy, healthy or safe?

Use the map as a basis for discussion about what makes children feel happy, healthy and safe. You should consider that children experience places differently or may have different reasons for how they feel.

